

Śrī Sāradā Devi Suprabhātam (Tuesdays, Saturdays)

O Sri Sarada, the supreme mother of the universe, embodiment of Sakti, merciful, incarnated to relieve the world from grief - we pray. May the dawn be full of glory to you!

O Devi Sarada, in order to remove the ignorance of the world of samsara, You, even as a child surrendered yourself to Gadadhar sporting a human form and received from him all knowledge. May the dawn be full of glory to you!

O The beloved of Sri Ramakrishna, while still young, having heard the terrible news that your husband is mad, you dared to travel the long and difficult path to reach him. May the dawn be full of glory to you!

O The goddess of Sri Ramakrishna, having seen your husband as an ascetic, yet unperturbed, intent on serving him with your whole life, you dedicated yourself at the feet of your Master. May the dawn be full of glory to you!

Like one's mother and teacher you have dedicated your life to remove the ignorance of all who took refuge in you. Beloved of Sri Ramakrishna, may the dawn be full of glory to you!

Śrī Sāradā Devi Suprabhātam

Mātaḥ samasta jagatām paramasya puṁsaḥ
śakti-svarūpiṇi śive karuṇārdra citte
lokasya śoka śamanāya kṛtāvātāre
śrī sārādestu śivade tava suprabhātam

Bālye bhavasya tamasah parihārayitre
līlā manuṣya vapuṣetha gadādhara
datte tadarpitadhiyāpta samastavidye
śrī sārādestu śivade tava suprabhātam

Bālyāt pare vayasi bhartari saṁpravṛttām
unmatta ityanucitām avadhūya vārtām
taddarśana-kramita durgamadūramārgē
śrī rāmakṛṣṇa dayite tava suprabhātam

Samnyāsitaṁ patimavekṣya ca nodvijāne
sevārpita trikaraṇe parīśuddha citte
tatsādhanā caramasīmni samarpitāṅghre
śrī rāmakṛṣṇa dayite tava suprabhātam

Yāmeva cātma jananīm bhavatāriṇīm ca
sevāparām tu bubudhe gururasta bhedaḥ
tasyāḥ samasta jagatosya śaraṇya mūrte
śrī rāmakṛṣṇa dayite tava suprabhātam

Though your real nature is supreme bliss, you suffer like a housewife the sorrows of the world for the sake of your devotees. May the dawn be full of glory to you!

You, the embodiment of Sakti, by your numerous spontaneous words of wisdom help to remove the effects of all my karma. May the dawn be full of glory to you, the beloved of Sri Ramakrishna!

O Beloved of Sri Ramakrishna, protector of devotees and giver of liberation, though apparently attached to the world, your heart is established in the supreme. You are the mother of the entire world. May the dawn be full of glory to you!

Āvṛṇvatī paramikām prakṛtiṁ svakīyām
saṁsāriṇīva bahuduḥkha jale bhavābdhau
sarvaṁsahe śritajanoddharaṇaika dīkṣe
śrī rāmakṛṣṇa dayite tava suprabhātam

Gehasya mārjana vidhau mama karmaśānti
nāyātya saṁkhyā bhujā niṣkriyamāṇamevaṁ
ākasmikokti vivṛtākhila śaktirūpe
śrī rāmakṛṣṇa dayite tava suprabhātam

Śrī rāmakṛṣṇa dayite tadadhīna sattve
tad bhaktavṛnda paripālīni mukti dātri
tad bhāvarakta hṛdaye tadabhinna tattve
mātaḥ samasta jagatām tava suprabhātam
śrī rāmakṛṣṇa dayite tava suprabhātam

ॐ Śāntimantrāḥ

Om. Lead me from the unreal to the Real. Lead me from darkness to Light. Lead me from death to Immortality.

Om. May the Brahman protect us both, the preceptor and the disciple. May He nourish us both. May we work together with great energy. May our study be vigorous and fruitful. May love and harmony dwell amongst us. Om. Peace, peace, peace.

Om. May the presiding deity of the day be propitious to us. May the presiding deity of the night be propitious to us. May the gods of strength and intellect be propitious to us. May the All-pervading Lord be propitious to us. Adoration to Brahman, adoration to Thee, the controller of activities. Thou art verily the visible Brahman. Verily, I declare Thee to be the visible Brahman. The right will I speak. The truth will I speak. May Brahman protect me. May Brahman protect the preceptor. May He protect me. May He protect the preceptor. Om Peace, peace, peace.

Om. O Gods, may we hear with our ears what is auspicious. O Ye adorable ones, may we see with our eyes what is auspicious. May we sing praises to you and enjoy with strong limbs and body the life allotted by the gods.

Om. We pray and worship the Supreme Person for the welfare of all. May all miseries and shortcomings leave us for ever so that we may sing praises of Vishnu. May the medicinal herbs grow in potency, so that diseases may be cured effectively. May the gods rain peace on us. May the human beings be peaceful. May peace be to all other creatures. Om Peace, peace, peace.

ॐ Śāntimantrāḥ

ॐ Asato mā sadgamaya | tamaso mā jyotirgamaya |
mṛtyormāmṛtaṁ gamaya || ॐ śāntiḥ śāntiḥ śāntiḥ

ॐ Saha nāvavatu | saha nau bhunaktu |
saha vīryaṁ karavāvahai |
tejasvi nāvadhītamastu mā vidviśāvahai ||
ॐ śāntiḥ śāntiḥ śāntiḥ

ॐ Śaṁ no mitraḥ śaṁ varuṇaḥ | śaṁ no bhavatvaryamā |
śaṁ na indro bṛhaspatiḥ | śaṁ no viṣṇu rurukramaḥ |
namo brahmaṇe | namaste vāyo |
tvameva pratyakṣaṁ brahmāsi |
tvāmeva pratyakṣaṁ brahma-vadiṣyāmi | ṛtaṁ vadiṣyāmi |
satyaṁ vadiṣyāmi | tanmāmavatu | tad vaktāramavatu |
avatu mām | avatu vaktāram | ॐ śāntiḥ śāntiḥ śāntiḥ

ॐ Bhadraṁ karṇebhiḥ śṛṇuyāma devāḥ |
bhadraṁ paśyemākṣabhir yajatrāḥ |
sthirairaṅgaistuṣṭuvām sastaṅbhiḥ | vyaśema devahitaṁ
yadāyuh |
svasti na indro vṛddhaśravāḥ | svasti naḥ pūṣā viśvavedāḥ | svasti
nastārḥṣyo ariṣṭanemiḥ | svasti no bṛhaspatirdadhātu |
ॐ śāntiḥ śāntiḥ śāntiḥ

ॐ Tacchaṁyorāvṛṇīmahe | gātuṁ yajñāya | gātuṁ yajñapataye |
daiṁ svastirastu naḥ | svastir mānuṣebhyaḥ |
ūrdhvaṁ jigātu bheṣajaṁ | śaṁ no astu dvipade |
śaṁ catuṣpade | ॐ śāntiḥ śāntiḥ śāntiḥ

May the winds bring us happiness. May the rivers carry happiness to us. May the plants give us happiness. May the heavens give us happiness. May night and day yield us happiness. May the dust of the earth bring us happiness. May the heavens give us happiness. May the trees give us happiness. May the sun pour down happiness. May the cows yield us happiness.

Om. All that is invisible is verily the infinite Brahman. All that is visible is also the infinite Brahman. The whole universe has come out of the infinite Brahman. Brahman is infinite although the whole universe has come out of it. Om. Peace, peace, peace.

May peace radiate there in the whole sky as well as in the vast ethereal space everywhere. May peace reign all over this earth, in water and in all herbs, trees and creepers. May peace flow over the whole universe. May peace be in the Supreme Being Brahman. And may there always exist in all peace and peace alone. Om peace, peace and peace to us and all beings!

Gayatri mantra

We meditate on the glorious effulgence of the Supreme Being, out of whom all this creation - the earth, heavens and beyond — has come into being. May He illumine our minds and hearts and guide our energies.

I worship You, O sweet Lord of transcendental Vision. O giver of prosperity to all, may I be free from the bonds of death, like a ripe fruit dropping from the tree. May I never again forget my immortal nature.

May we know (realise) Ramakrishna the Supreme Self. For that, may we meditate upon the Supreme Self. May that Supreme Self impel us towards it.

ॐ Madhuvātā ṛtāyate madhuṣaranti sindhavaḥ |
mādhvīrnaḥ santvoṣadhīḥ | madhu naktamutoṣasi
madhumat pārthivaṁ rajaḥ | madhu dyaurastu naḥ pitā |
madhu mānno vanaspatir madhu mām astu sūryaḥ |
mādhvīr gāvo bhavantu naḥ ||
ॐ madhu ॐ madhu ॐ madhu

ॐ Pūrṇamadaḥ pūrṇamidaṁ | pūrṇāt pūrṇamudacyate |
pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate ||
ॐ śāntiḥ śāntiḥ śāntiḥ

ॐ Dyauḥ śāntirantarikṣaṁ śāntiḥ | pṛthivī śāntirāpaḥ śāntiḥ |
ośadhayaḥ śāntiḥ | vanaspatayaḥ śāntiḥ | viśve devāḥ śāntiḥ |
brahma śāntiḥ | sarvaṁ śāntiḥ | śāntireva śāntiḥ |
sā mā śāntiredhi |
ॐ śāntiḥ śāntiḥ śāntiḥ

Gayatri mantra (to be repeated 3 times)

ॐ Bhūr bhuvaḥ svaḥ | tatsavitur vareṇyam |
bhargo-devasya dhīmahi | dhiyo yo naḥ pracodayāt ||

ॐ Tryambakaṁ yajāmahe | sugandhim puṣṭi-vardhanaṁ |
urvārukamiva bandhanāt-mṛtyormukṣīya māmṛtāt |
ॐ namaḥ śivāya | |

ॐ Hrīm rāmakṣṇa haṁsāya vidmahe |
parama-haṁsāya dhīmahi | tanno haṁsaḥ pracodayāt ||

Om. Let us meditate on the goddess of speech, the consort of Lord Brahma. May that effulgent mother Sarasvati inspire and illumine our mind and understanding.

Om. Let us meditate on the Great Goddess Sri Lakshmi, the consort of Sri Maha Vishnu. May that effulgent Maha Lakshmi Devi inspire and illumine our mind and understanding.

Śrī caṇḍī prātaḥ smaraṇa stotram

I meditate in the morning on Her whose face shines like the autumn moon, bedecked with jewels, earrings and garlands, holding in her thousand hands divine weapons. O Mother, grant me refuge at thy feet which looks like red lotus!

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I meditate in the morning on the slayer of demons like Mahisasura, Canda, Munda, Sumbha, Nishumbha and others. Thou, O Mother, assume many forms for the sake of the virtuous, thou who are adored by Brahma, Indra, Siva and others!

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I meditate on the granter of the wishes of devotees, the Mother of the universe, remover of distress. O Mother! Thou art the destroyer of the bondage of the world! Thou takest us from the bondage of Maya unto the realm of the all pervading Supreme!

ॐ Vāg devyai ca vidmahe
viriñci patnyai ca dhīmahi
tanno vāṇī pracodayāt |

ॐ Mahādevyai ca vidmahe
viṣṇupatnyai ca dhīmahi
tanno lakṣmīḥ pracodayāt

Śrī caṇḍī prātaḥ smaraṇa stotram

Prātaḥ smarāmi śaradindu karojjvalābhām
ṣaḍ ratnavan makara kuṇḍala hāra bhūṣām
divyāyudhorjita sunīla sahasra hastām
raktotpalābha caraṇām bhavatīm pareṣām

Prātar namāmi mahiṣāsura caṇḍa muṇḍa
śumbhāsura pramukha daitya vināśa dakṣām
brahmendra rudra muni mohana śīla līlām
caṇḍīm samasta sura mūrtīm aneka rūpām

Prātar bhajāmi bhajatām abhilāṣa dātrīm
dhātrīm samasta jagatām duriṭāpa hantrīm
saṁsāra bandhana vimocana hetubhūtām
māyām parām samadhigamya parasya viṣṇoḥ

Śrī Devī Praṇāmaḥ

My constant salutations to Goddess Durga. Repeated salutations to goddess Sarasvati who is the abode of knowledge such as Vedas, Vedangas and Upanisads.

Salutations to Bharati, the Mother of the sentient and insentient beings, bedecked with pearl garlands, holding the Vina and book in her hand.

Salutations to Mahalakshmi, the wife of Lord Vishnu, seated on a lotus, bestowing goodness on all! Protect me from all directions, O Mother!

O Annapūrnā who art ever full! You are dearer than life to Lord Śiva. O Pārvatī, grant me alms that I be firmly established in knowledge and renunciation.

My mother is Goddess Pārvatī, Lord Śiva my father, my relations are the devotees of Lord Śiva and I belong to the entire universe.

Śrī Devī Praṇāmaḥ

ॐ Bhadrakālyai namo nityam

sarasvatyai namo namaḥ

veda vedāṅga vedānta

vidyā sthānebhya eva ca

Jaya jaya devi carācara sāre kucayuga śobhita muktā hāre
vīṇā pustaka rājita haste bhagavati bhārati devi namaste

Viśvarūpasya bhāryāsi padme padmālaye śubhe
sarvataḥ pāhi mām devi mahālakṣmi namostu te

Annapūrṇe sadā pūrṇe śamkara prāṇa vallabhe
jñāna vairāgya siddhyartham bhikṣām dehi me pārvatī

Mātā me pārvatī devi pitā devo maheśvaraḥ
bāndhavāḥ śiva bhaktāśca svadeśo bhuvana trayam